TRAVEL

Italy: Retreats That Let You Live Lightly

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Cover Photo by Unsplash

8. Vivosa Apulia Resort

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Reservation | Website
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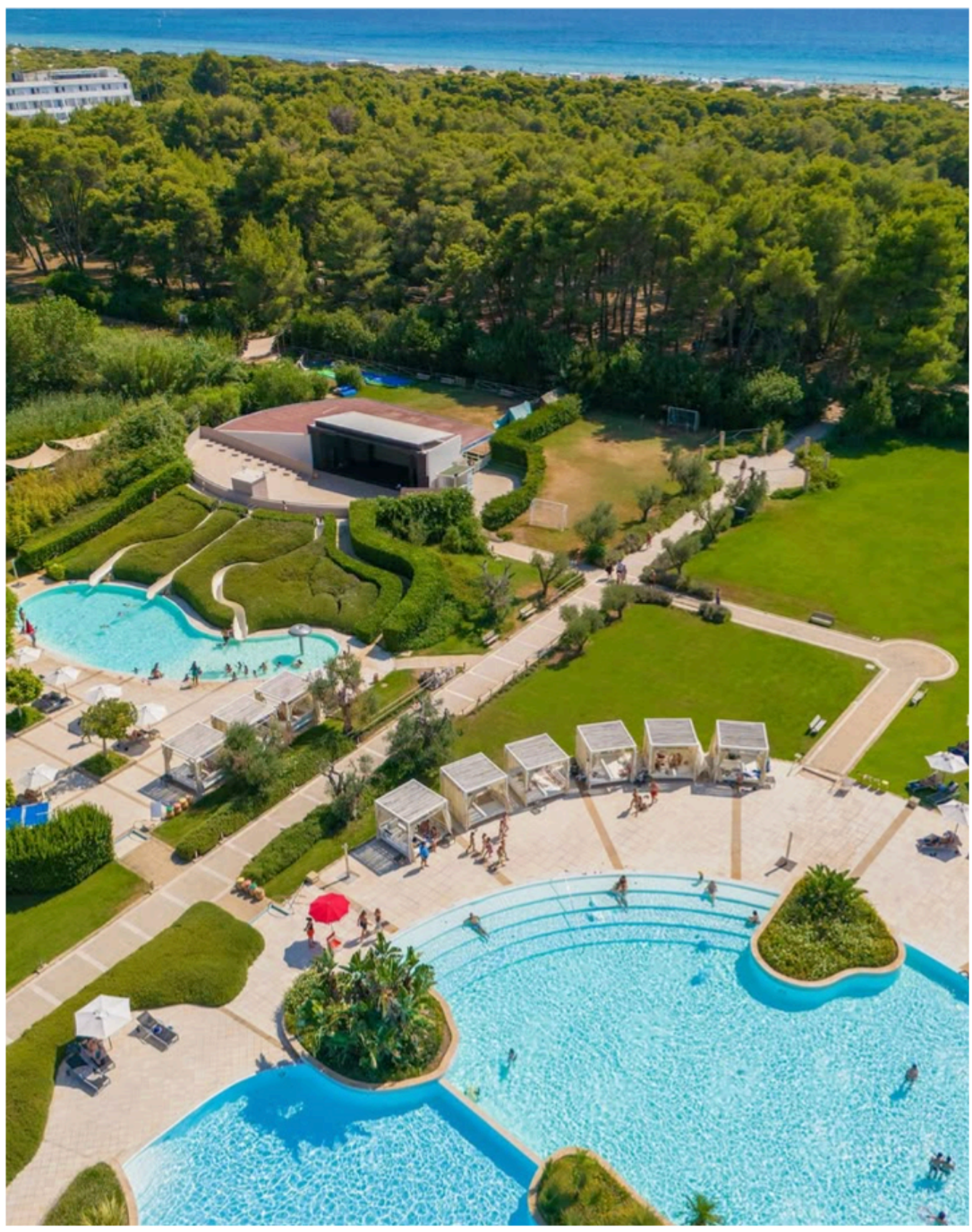
Set within a protected coastal park in Salento, Vivosa Apulia Resort is more than a five-star stay—it's a model for sustainable hospitality done right. Powered by solar energy and guided by a zero-waste philosophy, the resort blends barefoot luxury with deep ecological care. Think organic, seasonal cuisine sourced locally; marine conservation programs that protect the pristine coastline; and daily rituals designed to reconnect guests with nature—from forest bathing to coastal foraging. The design is understated yet elegant, inspired by local materials and traditions, while amenities include a thalasso spa, wellness programs, and curated family-friendly experiences. A repeat finalist at the World Travel Awards, Vivosa isn't just eco in name—it's a living, breathing example of how luxury and sustainability can coexist beautifully, all against the stunning backdrop of the Ionian Sea.



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