LIVING NORTH
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Vivosa Apulia Resort, Puglia
Italy

This award-winning, all inclusive, family-friendly eco-resort is set in the protected pine forests of Litorale di Ugento Natural Park, along a stunning stretch of coastline known as the 'Maldives of Salento' where guests can enjoy the beauty of nature while knowing that their stay supports local conservation efforts.

A carbon positive resort, Vivosa combines green initiatives with a high-end experience perfect for all ecologically-minded families, and from turtle-hatching to treetop adventures, there's so much to do here. Animal-loving families will love Vivosa's TartaFriends initiative, which works with the local Sea Turtle Rescue Center to protect Puglia's resident sea turtles, including those who make their nests on Vivosa's sandy beach. Families can join the resort's weekly meeting with the Rescue Center to learn how to identify new nests and about the life and conservation of turtles and, if you're lucky, see the turtles for yourself. The resort has five dedicated kid's clubs all packed with different itineraries depending on the age group, and from Italian ceramics and papier-mâché workshops to high ropes courses, beach volleyball, and nature-focused activities like falconry, beekeeping, and gardening, children will be entertained from morning to night.

And while the kids are kept busy, parents will love to take advantage of VOS, the Vivosa Organic Spa with its wellness centre. Yoga, pilates, HIIT and spin classes are all included too.

Vivosa's buffet restaurant serves a special, nutritionist-designed menu made using local ingredients and there are regular themed evening including woodside barbecues and show-cooking by the sea. With an emphasis on healthy (but delicious) food and wellness, guests can take advantage of cutting edge diagnostic tools such as BIA and Multi-Gene testing to help identify the right dietary and fitness choices. There's no wonder it's been voted Italy's best all-inclusive resort four years running.

vivosaresort.com